



Meeting Check-In Form

Hello, my name is _____, and I am a grateful believer in Jesus Christ and a pornography addict.

- My sobriety date (date last acted out) is _____.
- My bottom line (what you define as acting out) is _____
_____.
- My violations since my last meeting were: _____
_____.
- The consequences for my violations were: _____
_____.
- My resolutions to combat my acting out include: _____
_____.
- My progress toward recovery since my last meeting included _____
_____.
- I am currently struggling in the following areas: _____
_____.
- I contacted the following people for support and accountability since my last meeting: _____.

Am I being honest? **(YES or NO)** Am I hiding anything or keeping secrets? **(YES or NO)**